

RHINEHART KENPO KARATE**ORANGE**

STANCE	BLOCKS	KICKS	PUNCH TECHNIQUES	KATA'S	GRAB TECHNIQUES
FRONT HORSE RIGHT NEUTRAL BOW LEFT NEUTRAL BOW FORWARD BOW	OUTWARD BLOCK INWARD BLOCK RISING BLOCK	FRONT SNAP WHEEL HOOK SIDE THRUST ROUNDHOUSE	STANDARD 5 (6 VARIATIONS)	SHORT FORM 1	SINGLE HAND LAPEL DOUBLE HAND LAPEL DEAD DOUBLE HAND LAPEL LIVE CROSS WRIST GRAB HEADLOCK FRONT PUSH HAMMERLOCK REAR CHOKE REAR HAIR GRAB FULL NELSON

PURPLE

STANCE	BLOCKS	KICKS	PUNCH TECHNIQUES	KATA'S	GRAB TECHNIQUES
RIGHT CAT	EXTENDED OUTWARD PUSH BLOCK	CHICKEN BACK THRUST	CRANE C-PATTERN	LONG FORM 1 SHORT FORM 2	SIDE SHOULDER GRAB REAR BEAR HUG-ARMS FREE REAR BEAR HUG-ARMS PINNED FRONT CHOKE

BLUE

STANCE	BLOCKS	KICKS	PUNCH TECHNIQUES	KATA'S	GRAB TECHNIQUES
SIDE HORSE TWIST STANCE CROSS OVER	DOUBLE PARRY INVERTED OUTWARD X-BLOCK	SPINNING BACK INWARD CRESCENT OUTWARD CRESCENT	INSIDE LEFT OUTSIDE LEFT LEFT/RIGHT RIGHT/LEFT	LONG FORM 2 SHORT FORM 3	SIDE WAIST GRAB SIDE SHOULDER GRAB FRONT BEAR HUG-ARMS FREE FRONT BEAR HUG-ARMS PINNED HAND SHAKE SINGLE HAND LAPEL CROSS FRONT WAIST GRAB

GREEN

STANCE	BLOCKS	KICKS	PUNCH TECHNIQUES	KATA'S	GRAB TECHNIQUES
INWARD LEAN OUTWARD LEAN	ALL OF THE ABOVE	ALL OF THE ABOVE	BACK BREAKER LEAP OF DEATH DANCE OF DEATH	LONG FORM 3 SHORT FORM 4	SINGLE WRIST GRAB FRONT CHOKE CROSS DOUBLE WRIST GRAB FRONT TACKLE REAR TWO HANDED WRIST GRAB DOUBLE ARM BAR

BROWN

STANCE	BLOCKS	KICKS	PUNCH TECHNIQUES	KATA'S	GRAB TECHNIQUES
ALL OF THE ABOVE	ALL OF THE ABOVE	ALL OF THE ABOVE	ALL OF THE ABOVE	LONG FORM 4 TWO MAN (BLACK BELT SET)	ALL OF THE ABOVE

BLACK

OTHER TECHNIQUES	WEAPONS	KICKS	PUNCH TECHNIQUES	KATA'S	GRAB TECHNIQUES
FLASHING MACE FLASHING WINGS HUGGING PENDULUM TWISTED ROD THE EAGLE AND THE RAM SNAKES OF WISDOM TRIGGERED SALUTE THRUSTING SALUTE GLANCING SALUTE SHIELDING HAMMER (MARTINEZ VERSION) THRUSTING HAMMER (VS. KICK) GATHERING CLOUDS STRIKING SERPENT'S HEAD SWINGING PENDULUM CLUTCHING FEATHERS ADVANCED FIVE SWORDS (THOMAS GARRIGA) TONY MARTINEZ SR.'S FREESTYLE TECHNIQUES (7 FROM RIGHT NEUTRAL BOW, 7 FROM LEFT NEUTRAL BOW) DARTING MACE REPEATING LANCE (MIKE PICK)	INSIDE KNIFE OUTSIDE KNIFE OVERHEAD CLUB PARKER'S OVERHEAD CLUB REAR GUN ATTACK INSIDE CLUB JAB	SCOOP AXE INVERTED AXE SPINNING HOOK SWEEP LEAPING CRESCENT	INSIDE DANCE OF DEATH FIVE SWORDS THUNDERING HAMMERS THRUSTING PALM SHIELDING HAMMER INSIDE CRANE INSIDE C - PATTERN SPEAKMAN'S SHORT LEFT/RIGHT SPEAKMAN'S LONG LEFT/RIGHT	LONG FORM 5 LONG FORM 6 LONG FORM 7 (DOUBLE STICK) LONG FORM 8 (DOUBLE KNIFE) STAFF SET	LONE KIMONO LOCKING HORNS SPEAKMAN'S SHORT HEADLOCK SPEAKMAN'S LONG HEADLOCK

BILL HAS HISTORICALLY REQUIRED ONE PERSONAL KATA, TWO MULTIPLE ATTACKER TECHNIQUES, TWO KNIFE DEFENSE TECHNIQUES, TWO GUN DEFENSE TECHNIQUES, AND TWO STICK/CLUB DEFENSE TECHNIQUES. HE HAS ALSO REQUIRED THE SAME FOR SOME BROWN BELTS.